

# Audiology

## Montrose

<b>Advanced Hearing Solutions</b> .....283-2199 1803 E Pavilion Place Montrose, CO 81401	<b>Southwest Hearing Services, Inc.</b> .....249-3971 618 E Star Ct Montrose, CO 81401
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# Dental

## Montrose

<b>All-In-One Dental Montrose</b> ..... 249-4301 1127 E. Main Street Montrose, CO 81401	<b>Black Canyon Dental</b> .....240-8880 1544 Oxbow Dr Montrose, CO 81401
<b>Bloss Dental Care</b> .....249-2077 646 S 1st St Montrose, CO 81401	<b>Cimarron Dental</b> .....240-0505 1100 E Main St Suite D Montrose, CO 81401
<b>Colorado Smiles</b> .....249-6955 601 S 3rd St Montrose, CO 81401	<b>Columbine Dental Hygiene</b> .....964-4546 816 S 5th St Montrose, CO 81401
<b>Colorado West Endodontics</b> .....240-8954 1544 Oxbow Dr Montrose, CO 81401	<b>Community Dental Clinic</b> .....252-8896 1901 S Townsend Ave Montrose, CO 81401
<b>John A. Drazek DDS, MSD, PC</b> ..... 249-1065 340 S Townsend Ave Montrose, CO 81401	<b>Graff &amp; Peterson Dental</b> ..... 249-4917 1809 E Pavilion Pl Unit A Montrose, CO 81401
<b>Hansen &amp; Amundson Dental Group</b> .....249-3330 629 E Star Ct Montrose, CO 81401	<b>Johnson Family Dentistry</b> .....249-9096 25 S Lot Ave Montrose, CO 81401
<b>Jolley Smiles</b> .....249-8828 200 S Uncompahgre Ave Montrose, CO 81401	<b>Sharlene Martinson, DDS</b> .....249-2533 816 S 1st St Montrose, CO 81401
<b>Montrose Family Dental Center</b> .....249-9811 747 S 5th St Montrose, CO 81401	<b>Montrose Oral &amp; Maxillofacial</b> .....240-4485 600 S Park Ave Montrose, CO 81401
<b>Mountain Oasis Dental Hygiene</b> .....249-5616 314 S 6th St Montrose, CO 81401	<b>Mountain West Smiles</b> .....249-4249 1425 Hawk Pkwy Montrose, CO 81401
<b>Mini Dental Implant Centers Of America</b> .....249-1898 154 Colorado Ave Ste 201 Montrose, CO 81401	<b>San Juan Dental Laboratories</b> .....252-0032 700 S Cascade Ave Montrose, CO 81401
<b>Silver Leaf Dental</b> .....249-4457 101 S Mesa Ave Montrose, CO 81401	<b>Tobler Dental</b> ..... 249-1733 140 S Uncompahgre Ave Montrose, CO 81401
<b>Treasured Teeth</b> .....240-8694 100 Tessitore Ct Montrose, CO 81401	<b>True Grin Dental Hygiene</b> .....240-2720 1100 E Main St Montrose, CO 81401

## Delta

**Crested Oak Dentistry**.....874-3855  
102 Main St. Suite 1  
Delta, CO 81406

**David E. James DDS PC**.....874-8071  
1004 Main St.  
Delta, CO 81416

**Yost Family Dentistry**.....873-8227  
257 Main St.  
Delta, CO 81416

**Grand Mesa Dental Hygiene**.....874-3801  
494 Hwy 92  
Delta, CO 81416

**Jolley Smiles**.....874-0456  
740 Main St  
Delta, CO 81416

## Olathe

**James R. Scott DDS**.....323-6828  
601 Main  
Olathe, CO 81425

## Ridgway

**Donald F. Swartz DDS PC**.....626-3303  
195 Elna St. Unit A  
Ridgway CO 81432

**Ridgway Family Dentistry**.....626-3774  
156 Liddell St  
**Ridgway, CO 81432**

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## Optometry

### Montrose

**1 Hour Eyedocs**.....615-7210  
1871 E Main St  
Montrose, CO 81401

**Montrose Vision/Walmart Vision Center** ..240-0439  
16750 S Townsend Ave  
Montrose, CO 81401

**Uncompahgre Valley Vision Center** .....249-3183  
314 S 6th St  
Montrose, CO 81401

**Vista Vision Family Eye Care**.....249-2330  
2770 Woodgate Rd  
Montrose, CO 81401

**Colorado West Ophthalmology**.....249-1210  
1800 E Pavilion Pl Suite B  
Montrose, CO 81401

**San Juan Eye Center**.....249-2020  
330 S 12th St Suite D  
Montrose, CO 81401

**Vision Source Eye Care Center**.....249-3914  
400 S Nevada Ave  
Montrose, CO 81401

### Delta

**Colorado West Ophthalmology**.....874-8821  
1426 Mesa View Drive  
Delta, CO 81416

**San Juan Eye Center**.....874-8110  
164 W. 3<sup>rd</sup> St  
Delta, CO 81416

**Denis Warobiew, OD**.....874-1104  
531 Main St  
Delta, CO 81416

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# Occupational Therapy

## Montrose

**Mountain View Therapy**..... 240-7369  
1401 Hawk Parkway, Suite 101  
Montrose, CO 81401

**Rocky Mountain Therapy Services**.....249-6920  
114 Apollo Rd  
Montrose, CO 81401

## Delta

**Delta County Memorial Hospital Rehabilitation Services**.....874-2250  
296 Stafford Ln  
Delta, CO 81416

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# Physical Therapy

## Montrose

**Aspen Grove Physical Therapy**..... 240-4015  
816 S 5<sup>th</sup> St.  
Montrose, CO 81401

**Center of Balance Physical Therapy**.....249-6811  
646 N 1<sup>st</sup> St.  
Montrose, CO 81401

**In Motion Therapy**.....249-1646  
611 E Star Court  
Montrose, CO 81401

**Montrose Rehabilitation Center**.....249-9634  
1401 S Cascade  
Montrose, CO 81401

**Mountain View Therapy**.....240-7369  
1401 Hawk Parkway, Suite 101  
Montrose, CO 81401

**Rocky Mountain Therapy Services**.....249-6920  
114 Apollo Rd.  
Montrose, CO 81401

## Delta

**Delta County Memorial Hospital Rehabilitation Services**.....874-2250  
296 Stafford Ln  
Delta, CO 81416

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# Balance Classes

**In Motion Therapy**.....249-1646

**Mountain View Therapy**..... 240-7369

**Rocky Mountain Therapy Services**.....249-6920

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# Low Vision Classes

**Mountain View Therapy**.....240-7369

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# Home Health Care Agencies

## Montrose

Comfort Keepers.....	240-4121	Delta-Montrose Home Health Services.....	249-7329
Harden Home Health/Alpine.....	240-8979	Home Health of Western Colorado.....	240-0139
PASCO/ SW Home Health Care.....	240-1771		

## Delta

Human Touch Home Health Care.....	874-6901
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# Non-Medical Home Health Care Agencies

## Montrose

Phoenix / Cimarron Home Care.....	249-6767	Senior Community Care – PACE- VOA.....	252-0522
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# Independent Living / Retirement Communities

## Montrose

<b>Anciano Tower Apartments</b> .....	249-8844	<b>Centennial Towers</b> .....	240-0110
227 N Ute Ave Montrose, CO 81401		430 S 12 <sup>th</sup> St. Montrose, CO 81401	
<b>Cimarron Village Apartments – VOA</b> .....	249-2010	<b>Meadowlark Court Apartments</b> .....	252-8263
1811 Pavilion Dr Montrose, CO 81401		2378 Robins Way Montrose, CO 81401	
<b>Pavilion Garden Apartments</b> .....	249-1200	<b>San Juan Elderly Apartments</b> .....	249-1823
2366 Robins Way Montrose, CO 81401		1650 Church St. Montrose, CO 81401	
<b>Spring Creek Chalet</b> .....	249-2438	<b>Sunrise Creek Assisted Living</b> .....	240-0600
2710 Sunnyside Rd Montrose, CO 81401		1968 Sunrise Dr Montrose, CO 81401	

## Delta

<b>Crossroads Senior Living</b> .....	874-1421	<b>Delta Village Apartments</b> .....	874-3333
1380 Aspen Way Delta, CO 81416		289 Staford Ln Delta, CO 81416	
<b>Heaven's View Apartments – VOA</b> .....	874-5021	<b>Thompson Manor</b> .....	874-7266
1445 Porter Ct Delta CO, 81416		511 E 10 <sup>th</sup> St Delta, CO 81416	

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# Assisted Living Communities

## Montrose

<b>Heidi's Chateau LLC</b> .....252-8228 2720 Sunnyside Rd. Montrose, CO 81401	<b>Homestead at Montrose</b> .....252-9359 1819 Pavilion Dr Montrose, CO 81401
<b>Sunrise Creek Assisted Living</b> .....240-0600 1968 Sunrise Dr Montrose, CO 81401	
<b>Delta</b>	
<b>Comfort Homes of Delta</b> .....874-8581 540 Grand Blvd Delta, CO 81416	<b>Crossroads Senior Living</b> .....874-1421 1380 Aspen Way Delta, CO 81416
<b>Delta House</b> .....874-4448 233 Main St Delta, CO 81416	

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# Skilled Nursing Facilities

## Montrose

<b>San Juan Living Center</b> .....249-9683 1043 Ridge St Montrose, CO 814011	<b>Valley Manor Care Center</b> .....249-9634 1401 S Cascade Ave. Montrose, CO
<b>Delta</b>	
<b>Willow Tree Care Center</b> .....874-9773 2050 S Main St Delta, CO 81052	<b>Olathe</b>
	<b>Colorow Care Center</b> .....323-5504 885 S Hwy 50 Business Loop Olathe, CO 81425

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# Other Resources

<b>All Points Transit</b> .....249-0128	<b>Area Agency on Aging- Region 10</b> .....249-2436
<b>Habitat for Humanity</b> .....252-9303 1601 N Townsend Ave Montrose, CO 81401	<b>Montrose Health &amp; Human Services</b> .....252-5000 1845 S Townsend Montrose, CO 81401
<b>Montrose Memorial Hospital</b> .....249-2211 800 South 3rd St. Montrose, CO 81401	<b>Montrose Pavilion Senior Center</b> .....249-9423 1800 Pavilion Dr. Montrose, CO
<b>Retired &amp; Senior Volunteer Program</b> .....249-9639 (Volunteer your time and skills or call for assistance)	
<b>Nucla Senior Center</b> .....864-7278 386 Main St. Nucla, CO 81424	<b>Olathe Community Center</b> .....323-5391 115 Man St Olathe, CO 81425

## Oxygen

Air Options..... 252-0212    Hartman Brothers.....240-9556

## Durable Medical Equipment

Hartman Brothers.....240-9556  
524 N 1<sup>st</sup> St  
Montrose, CO 81401

## Hospice

Hospice & Palliative Care of Western Colorado  
.....866-310-8900

## House Cleaning

AWI.....275-3221    Moonlight Cleaning.....240-4760

Mountain Clean.....240-0181    Super Clean.....249-9123

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